



KOUNNIS ACADEMY

Professional & Personal Development

↑RISE[®]: Accelerated Management Program

Developing managers into effective
mindful Team Leaders



21 Hours



4 Modules



2 Months

08, 22 October & 05, 19 November 2026

The programme has been approved by the HRDA. Enterprises/ organisations participating with their employees, as well as unemployed people, who satisfy HRDA's criteria, are entitled to subsidy.



4 Modules to **elevate** your leadership & management skills



Module 1

Developing Self Awareness

- ✓ Managing self
- ✓ Creating a positive mindset
- ✓ Cultivating a mindful style of leadership

 08 October



Module 2

Deepening Relationships

- ✓ Handling problems and developing initiative
- ✓ Understanding others
- ✓ Building rapport and relationships

 22 October



Module 3

Managing the Team

- ✓ Delegating and supervising effectively
- ✓ Handling concerns and coaching for development
- ✓ Navigating change

 05 November



Module 4

Building Client Trust

- ✓ Understanding client needs
- ✓ Client networking and relationship development
- ✓ Handling client concerns and reaching an agreement

 19 November



Practical Tools
Apply immediately at work.



Stronger Relationships
Build trust and collaborate with confidence.



Leadership Growth
Develop the skills to lead with impact.



Measurable Results
Create value for your team, clients and organization.

Programme Overview

An **intense management program** suitable for middle line managers designed to cultivate key skills necessary to manage self, other team members and clients.

Participant profile

Middle line managers, senior manager, supervisors, team leaders working across various industries.



Key Skills Development



Emotional Awareness



Communication



Problem Solving



Effective Delegation



Supervision & Coaching



Ability to Handle Client Concerns



Capacity to Reach an Agreement



BY THE END OF THE PROGRAMME
PARTICIPANTS WILL BE ABLE TO:



Lead
with confidence



Build stronger
relationships



Manage teams
effectively



Handle client
concerns
professionally



Reach mutually
beneficial
agreements



Drive performance
and accountability

Programme Facilitator

Constantinos Kournis

BA (Econ), MA (Cantab), FCA, ADIT,
Certified HRDA Trainer, Certified EMCC Coach



Constantinos is a Cambridge University graduate with a degree in Economics and a professional Chartered Accountant and member of the Institute of Chartered Accountants in England and Wales (ICAEW) as well as the Institute of Certified Public Accountants of Cyprus (ICPAC). He is also an International Tax affiliate of the Chartered Institute of Taxation (CIOT).



Constantinos has qualified with Deloitte, London and has subsequently worked for KPMG Cyprus gaining significant experience in the fields of audit, tax and advisory. He is currently the managing director of C. Kournis & Partners Ltd.



Constantinos has also a passion for learning and development. He is an approved Human Resource Development Authority trainer and a Certified Silva Method Instructor and Certified EMCC Coach. He is the founder of Kournis Academy which specializes in providing specialized training courses for accelerating technical, core professional, and digital skills.



He also teaches advanced international taxation to ACCA and ADIT students of the University of Nicosia.



KOUNNIS ACADEMY
Professional & Personal Development



C.Kournis & Partners
AUDIT · TAX · ADVISORY



Testimonials



“I found the course insightful, to say the least. It helped me assess what kind of leader I am today and to view myself from different angles. It challenged me to see things differently and begin to let go of beliefs that were either outdated or less effective. The course softened the edges that needed softening, without limiting my effectiveness or creating any fear of losing control. Furthermore, I took home practical steps that I could implement immediately — and many of which I did. Every customer and student is now seen in a clearer light. I recommend this course without hesitation and will gladly repeat it in next year.”

— **Tia Toumazis** | CEO of Together English Language Centre



“Θα ήθελα να σας ευχαριστήσω θερμά για την εμπειρία που μου προσέφερε το πρόγραμμα RISE. Η συμμετοχή μου στη σειρά σεμιναρίων ήταν ιδιαίτερα ουσιαστική και με βοήθησε να εξελιχθώ τόσο σε επαγγελματικό όσο και σε προσωπικό επίπεδο.

Μέσα από το πρόγραμμα βελτίωσα τον τρόπο που σκέφτομαι, αξιολογώ καταστάσεις και λαμβάνω αποφάσεις, καθώς και τον τρόπο που ενεργώ ως άτομο και ως επαγγελματίας. Απέκτησα μεγαλύτερη αυτογνωσία, καλύτερη επικοινωνία και πιο δομημένη προσέγγιση στις προκλήσεις της καθημερινότητας.

Το RISE δεν έμεινε στη θεωρία αλλά μου έδωσε πρακτικά εργαλεία που εφαρμόζω άμεσα στην πράξη. Το θεωρώ ένα πολύτιμο πρόγραμμα ανάπτυξης και το προτείνω ανεπιφύλακτα σε όποιον επιθυμεί ουσιαστική εξέλιξη.”

— **Kostas Konstantas** | Sales Manager at Angeo & Co Ltd

Programme Details



Duration

21 Hours | 21 CPDs



Venue

Kounnis Academy
Training Center



Language

Greek



Fees

€630 Standard Fee
€210 After HRDA Subsidy



Delivery Method

Face-to-Face



Programme Dates

- **Module 1: 08 October 2026**
- **Module 2: 22 October 2026**
- **Module 3: 05 November 2026**
- **Module 4: 19 November 2026**